Health History Form for Camp Juliette Low Employee

Return this completed form to:
CAMP JULIETTE LOW

Until May 20: P. O. Box 5113, Marietta, GA 30061
After May 25: 321 Camp Juliette Low Road, Cloudland, GA 30731

Your Contract Start Date: _____ End Date: _____
Title of Your Position: _____

Is this your first year as a staff member? . . . . . ☐ No ☐ Yes

Name: _____
First Middle Last

☐ Male
Sex: ☐ Female Birthdate: _____

Permanent Address: _____
Street Address

_____
City State/Country Zip/Code

E-mail: _____

Cell Phone: _____

Alternate No. _____

- *Return this form to our camp office at least four weeks prior to your arrival. People hired within four weeks of their start date should not send this form; bring it with you and give it to the Health Center staff at camp.*
- *Notify the camp director if you are exposed to a communicable disease within three weeks of beginning your job.*
- *The camp expects that you arrive in good health and capable of performing the essential functions of your position. If you have concerns regarding this, speak with the camp director prior to arrival.*
- *Information on this form is available to Health Center staff and your work supervisor(s) as necessary.*
- *Completing some portions of this form is voluntary; such areas are so marked.*

If you have questions about our camp health services, please call the camp winter office.

Allergies: *Check those that apply to you. Completion of this section is voluntary, yet helpful to healthcare staff.*

_____ I have no known allergies.
_____ I have an allergy to this food: _____ Does this causes anaphylaxis? ☐ Yes ☐ No
Describe what happens if you eat this food and how the reaction is managed:
_____
_____
_____ I am allergic to this medication(s): _____ This causes anaphylaxis? ☐ Yes ☐ No
_____ I am allergic to these substances: _____ This causes anaphylaxis? ☐ Yes ☐No
Describe what happens if you are exposed to these medications or substances and how the reaction is managed:
_____
_____

Nutrition: *Our expectation is that staff set an example for campers by eating the provided meal. We work with some medically prescribed diets, such as gluten-free and lactose intolerant, but cannot cater to individual food preferences. Discuss concerns with the camp director prior to the start of camp.*

_____ I eat a regular, varied diet and am prepared to eat a variety of foods while at camp.
_____ I am a vegetarian of this type:

☐ Semi-vegetarian (no pork or beef)
☐ Pesco (no pork, beef, or chicken)
☐ Lacto (no meats, fish, seafood, or eggs)
☐ Ovo (no meats, fish, seafood, or dairy)
☐ Lacto-ovo (no beef, pork, chicken, seafood, or fish)
☐ Vegan (no meats, seafood, eggs, or dairy)

_____ I do not eat _____ products because of religious beliefs.

Your supervisor expects that staff who have chronic health concerns are capable of performing the essential functions of the job for which they have been hired. If you have any concerns, please speak with the camp director.

Chronic Concerns: *Check all that pertain to you and provide information about supportive healthcare. Completion of this section is voluntary, yet helpful to healthcare staff.*

_____ I have no chronic health concerns.

_____ I have the following chronic health concern(s):

☐ Asthma	☐ Headaches, Migraines	☐ Sleep problem
☐ Diabetes	☐ Difficulty breathing	☐ Dysmenorrhea
☐ Fainting	☐ Surgical history	☐ Seizure disorder: _____
☐ Back pain or injury	☐ Knee or ankle weakness	☐ Other: _____

Immunization History:

Date (month/year) of your most recent tetanus immunization: _____

Have you completed the immunizations that were required for school attendance? . . . . . ☐ Yes ☐ No

Medication: *All medication must be locked securely unless in the immediate possession/control of the user. All medication should be originally submitted to the Health Center upon your arrival for record keeping. Medications are kept in the lockbox in your living quarters.*

NOTE: Health Center staff will ask about your medication(s) to determine if the use (or non-use) of such medication will impair completion of the essential functions of your job. They may also ask about medication when you seek healthcare. Providing additional information about your medication is voluntary.

General Physical History: *If you answer "Yes" to any of these questions, provide more information at the end of this section. Completing this session is voluntary, but helpful to healthcare staff.*

1.	Have you ever been hospitalized?	☐ Yes	☐ No
2.	Have you ever passed out during or after exercise?	☐ Yes	☐ No
3.	Have you ever been dizzy during or after exercise?	☐ Yes	☐ No
4.	Have you ever had chest pain during or after exercise?	☐ Yes	☐ No
5.	Do you tire more quickly than your friends during exercise?	☐ Yes	☐ No
6.	Have you ever had high blood pressure?	☐ Yes	☐ No
7.	Have you ever had a racing heartbeat or skipped heartbeats?	☐ Yes	☐ No
8.	Have you ever been knocked out or become unconscious?	☐ Yes	☐ No
9.	Have you ever had a seizure?	☐ Yes	☐ No
10.	Have you ever had a stinger, burner, or pinched nerve?	☐ Yes	☐ No
11.	Have you ever had heat or muscle cramps?	☐ Yes	☐ No
12.	Have you ever been dizzy or passed out in the heat?	☐ Yes	☐ No
13.	Have you ever sprained, strained, dislocated, fractured, broken or had repeated swelling, or other injuries to any of your body areas?	☐ Yes	☐ No

If so, where? ☐ Head ☐ Shoulder ☐ Leg ☐ Neck ☐ Chest ☐ Arm, hand ☐ Ankle ☐ Back ☐ Hip ☐ Foot

14. Have you been in countries other than the United States in the past nine months? . . . . . ☐ Yes ☐ No

If yes, list the countries and the time spent in them.

Country: _____ Dates: _____

Country: _____ Dates: _____

Country: _____ Dates: _____

Use the space below to explain and/or provide more detail about the General Physical Health questions to which you responded "Yes."

_____ _____

_____ _____

_____ _____

_____ _____

Name of your physician: _____ Office Phone (_____)_____

Name of your dentist/orthodontist: _____ Office Phone (_____)_____

Paying for Health Care

- There is usually no charge for healthcare provided by the camp's Health Center staff.
- You are financially responsible for healthcare provided by all other providers.
- If you will be using personal insurance while working at camp, know how to access that insurance. Bring your insurance card and know how to use it. Turn in a copy of your insurance card (front and back) with this form so that it can be used should we have to transport you to an outside health care facility.

Emergency Contact: *Who do you want us to contact in an emergency?*

First Contact: _____ Preferred Phone: (_____)_____ Relationship to You: _____

Alternate Contact: _____ Preferred Phone: (_____)_____ Relationship to You: _____

Authorization for Healthcare: *Parental signature required for staff under 18 years of age.*

The information I have provided regarding my health status is correct and accurately reflects my health status. I understand my health information will be used by the camp's Health Center staff in providing care to me and may be reviewed by my work supervisor(s). I am capable of performing the essential functions of my job and participating in assigned work duties as noted on this form. While employed by Camp Juliette Low, I will endeavor to participate in good health practices which will enable me to perform my job assignments to the best of my ability. These include, but are not limited to good nutritional practices, getting adequate rest, taking any necessary medications properly, and no use of illegal substances. I will return from time off in good physical shape, ready to be responsible for and able to care for my campers.

I hereby give permission to the physician selected by the camp director to order x-rays, routine tests and treatment, related to my health for both routine health care and in emergency situations. In the event necessary, I give permission to the physician to hospitalize, secure proper treatment for, and to order injection and/or anesthesia and/or surgery for me. I give permission to photocopy this form.

Signature of Staff Person: _____ *Date:* _____

Signature of Parent (if needed): _____ *Date :* _____

Staff Member STOP Here.

Date/Time

Documentation by Health Center Staff

Initial

_____ Screening has been conducted per camp protocol and findings noted below:

A. Any signs/symptoms of illness or injury upon arrival? . . . . . NO YES as noted below
B. Any history of exposure to communicable diseases? . . . . . NO YES as noted below
C. Any additions, corrections, or clarifications to information on this form? . . . . . NO YES as noted below
D. As necessary (see statement under "Medication"), medication has been reviewed with the healthcare provider? . . . . . NO YES as noted below
E. Any signs/symptoms of head lice? . . . . . NO YES as noted below

Screening Done By: _____

EXIT NOTE: *Check one of the following:*

☐ Left camp this day with no reported illness or injury symptoms. Client's exit date: _____

☐ Left camp this day with the following problem/concern: _____

Summary of nursing instructions provided: _____

Exit note completed by: _____