

Packing List for Parent-Daughter Weekend

Sack supper for Friday night (or plan to eat on the way)

Bedding:

- Twin size mattress cover and/or fitted sheet
- **Warm** sleeping bag, or sheets and several warm blankets (Slumber party bags intended for indoor use will not be warm enough—you will need one or two additional blankets.)
It will be cold at night!
- Pillow

Clothes:

- 2-3 changes of clothes (We recommend dressing in layers. Shorts may be most comfortable in the heat of the day and long pants/long sleeves at night and in the early morning.)
- Jacket and/or sweatshirt
- 3 pairs of socks and underwear
- **Warm** PJs or sweats to sleep in
- Swimsuit (You may also want old tennis shoes or water shoes for wading.)
- **Raincoat or poncho with hood or hat**
- Good shoes for walking, such as sturdy tennis shoes (**Bring extra shoes or boots in case of rain.**)

Toiletries:

- Towels and wash cloths
- Toothbrush, toothpaste, and a small plastic cup; other toiletries as needed (If you wear contact lenses, you may want to bring a small, unbreakable mirror.)
- Shampoo and soap (A waterproof container to help carry these items to the showers may be handy—a shower bucket, or even just a small ziplock bag.)

Other:

- Flashlight with good batteries. If you already have one, a battery-operated camping lantern works great to light your tent.
- Non-aerosol insect repellent and sun screen
- Plastic grocery bag for wet or dirty clothes

Optional: camera, water bottle, book, playing cards, money/checkbook for buying a t-shirt or treat at the Trading Post.

Pack clothes and bedding in easy-to-carry bags. Wheeled bags don't work very well on our trails.

You are welcome to bring a cooler with snacks or drinks (no alcohol), but be sure containers are "critter-proof," or keep them in your car.