

## Packing List for Parent-Daughter Weekend

Sack supper for Friday night (or plan to eat on the way)

### BEDDING

- Twin-size padded mattress cover and/or fitted sheet
- Warm sleeping bag, or sheets and several warm blankets (Slumber party bags intended for indoor use will not be warm enough—you will need one or two additional blankets.) It will be cold at night!
- Pillow

### CLOTHES

- 2-3 changes of clothes (We recommend dressing in layers. Shorts may be most comfortable in the heat of the day and long pants/long sleeves at night and in the early morning.)
- Jacket and/or sweatshirt
- 3 pairs of socks and underwear
- Warm PJs or sweats to sleep in
- Raincoat or poncho with hood or hat
- Good shoes for walking, such as sturdy tennis shoes. Bring extra shoes or rain boots in case of rain. Flip-flops or slip-on shoes may be worn around the unit (optional).

### TOILETRIES

- Towels and wash cloths
- Toothbrush and toothpaste; other toiletries as needed. (If you wear contact lenses, you may want to bring a small, unbreakable mirror.)
- Shampoo, soap. (A waterproof container to carry items to the shower may be handy, such as a shower bucket or a zippered bag.)

### OTHER

- Flashlight with good batteries. If you have one, a battery-operated camping lantern works great to light your tent.
- Non-aerosol insect repellent and sunscreen
- Plastic bag for wet or dirty clothes
- Water bottle – can be filled up in the unit. Some people like to bring a plastic cup for drinking water in the unit. There are several water fountains around main camp.

OPTIONAL: phone charger, camera, book, playing cards, camping chair, money/credit card for buying a t-shirt or souvenir at the Trading Post, a small backpack

**Pack clothes and bedding in easy-to-carry bags.** Wheeled suitcases do not work well on our trails.

You are welcome to bring a cooler with snacks or drinks (no alcohol), but be sure that containers are “critterproof,” or leave them in your car.