

SUGGEST PACKING LIST: 1 WEEK

***** All items must be clearly marked with the camper's name *****

CLOTHING:

- _____ 7-10 T-Shirts – daily change, plus extras (no laundry service for 1 week)
- _____ 7-10 Shorts – daily change, plus extras
- _____ 1 Pair of White Shorts (for camp uniform)
- _____ 1 CJL Green Uniform Shirt (available for pre-order)
- _____ 2 Pairs of Jeans or Rugged Pants (required for Horseback class)
- _____ 1-2 Pairs of Leggings, Activewear Leggings, or Comfy Pants
- _____ 1 Raincoat (with hood) or Poncho
- _____ 1-2 Sweatshirts, Fleece Tops, or Jackets
- _____ Underwear – daily change, plus extras
- _____ Socks – daily change, plus extras (socks are required at CJL)
- _____ 2-3 Sets of Pajamas
- _____ 1 Bathrobe (to wear to and from the showers)
- _____ 2 Bathing Suits (one older to wear at the swimming hole or on water hikes)

FOOTWEAR:

- _____ Sneakers (no sandals or open-toe or open-back shoes)
- _____ Sturdy Running Shoes (or lightweight hiking boots, if you prefer)
- _____ Old Shoes (to wear to swimming pool or on water hikes)
- _____ Flip-Flops or Water Shoes (to be used in shower)
- _____ If taking Horseback – Boots with 1" Heel and Smooth Sole

TOILETRIES:

- _____ Medication in Zippered Bag with Medication Instruction Form (readily available to give to nurse)
- _____ Sunscreen (cream, lotion, or pump spray)
- _____ Soap with Soap Dish or Body Wash
- _____ Shampoo/Conditioner
- _____ Toothbrush and Toothpaste
- _____ Hairbrush/Comb
- _____ Mirror
- _____ Deodorant
- _____ Pail or Bucket for Shower Items
- _____ Non-Aerosol Bug Repellent

SUPPLIES:

- _____ Twin Size Mattress Pad (optional, but recommended for comfort)
- _____ Waterproof Bed Covering (to go over bedding – approximately 9'x5')
- _____ Pillow with 2 Pillowcases
- _____ 2 Sets of Twin Sheets
- _____ 2-3 Blankets
- _____ 2-3 Showers Towels and Washcloths
- _____ 2 Pool Towels
- _____ Water Bottle
- _____ Lightweight Folding Chair
- _____ Letter Writing Material (in zippered bag)
- _____ 1-2 Flashlights with Fresh Batteries
- _____ Laundry Bag (breathable fabric)

DESIRABLE/OPTIONAL EXTRAS:

- _____ Rain Shoes or Rain Boots
- _____ Personal Tennis Racquet/Balls
- _____ Lightweight Backpack
- _____ Books
- _____ Costumes
- _____ Musical Instruments
- _____ Battery-Operated Fan
- _____ Camera
- _____ Extra Batteries
- _____ Small Bedside Rug
- _____ Small LED Lantern
- _____ Hat/Baseball Cap
- _____ Tray or Container to Organize Items on Shelf
- _____ Personal Hammock